

# Quick Clearing Intention

“My guides of the highest light, clear and release all that is not mine now.

I walk through violet and golden flames—cleansed and restored.

I call all my energy back, fully mine and aligned.

I am the most powerful being I know.

I am sealed in golden light—only what is meant for me may enter.

And so it is.”



# Energy Clearing Intention

"I now release all energies that are not mine—  
all thoughts, attachments, cords, and forms—  
seen and unseen, known and unknown.

I walk through violet and golden flames  
that cleanse and transmute all dense energy  
without harm, restoring me to my pure state.

I call all of my energy back to me now—  
cleansed, aligned, and fully mine.

I stand in my power.

I am the most powerful being I know.

I now surround myself in a golden light,  
a protected sphere that allows in only  
what is meant for me and serves my highest good.

I am clear.

I am sovereign.

I am whole."

